



# INFANT & SENIOR TORNADO SAFETY CHECKLIST

A quick-reference guide to help families prepare for tornadoes. Tornado shelters are small, and you won't be inside for long — but being ready means preparing for what you'll face when you come out. Print and keep this checklist with your storm supplies.

## **Emergency Shelter Readiness**

- ☐ Clear path to shelter (no clutter or obstacles)
- ☐ Wide doorway for stroller/wheelchair access
- ☐ Non-slip flooring or mats
- ☐ Backup lighting (flashlight, lantern, headlamp)
- ☐ Seating for seniors
- ☐ Quiet comfort for infants (blanket, toy, pacifier)

## **Infant Tornado Kit**

- ☐ Diapers, wipes, and rash cream
- ☐ Pacifier, blanket, or small toy for comfort
- ☐ Formula or milk for immediate use (1-2 feeds)
- ☐ Baby medications + thermometer
- ☐ Baby carrier or sling for hands-free mobility

## **Senior Tornado Kit**

- ☐ Prescription medications (1–2 doses if needed)
- ☐ Glasses, hearing aids, or contacts with case
- ☐ Walking aid, seat cushion, or small blanket
- ☐ Personal hygiene items (wipes, tissues, sanitizer)
- ☐ List of emergency contacts and medical conditions

## **Family Plan Essentials**

- ☐ Assign roles: who helps whom
- ☐ Emergency contacts: local + out-of-state
- ☐ Practice tornado drills monthly
- ☐ Share printed copies with family, babysitters, and caregivers
- ☐ Identify tools you may need after the storm (work gloves, sturdy shoes, phone charger, cash)

✂ **Tip: Keep your kits in waterproof bags inside or right next to your shelter, so you can move quickly**